

CURRICULUM VITAE – JACQUELYN SMALL, LMSW

JACQUELYN SMALL, LMSW	<i>Former:</i> Director of Training for the Texas
Eupsychia Institute, Inc.	Commission on Alcoholism and Drug Abuse
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Fax: (512) 327-6043	Trainer/Consultant/Therapist and Founding
eupsychia@austin.rr.com	Director of Eupsychia Institute, Inc.
www.eupsychia.com	Tax ID EI# 74-2959486.

EDUCATION:

Bachelors Degree in Psychology-Graduated Magna Cum Laude
 Phi Beta Kappa (Alpha Chapter)
 Master's Degree in Clinical Social Work-HEW Fellowship from
 The University of Texas at Austin

Post Graduate:

Social Psychotherapist Licensure, State of Texas
 Certified Clinical Social Worker Licensure
 Basic and Advanced Training in Psychosynthesis at the Psychosynthesis
 Institute of San Francisco and Pasadena, California
 Certified Holotropic Breathwork Co-Teacher with Stanislav Grof, M.D.

SUMMARY OF EXPERIENCE:

For over thirty years, Jacquelyn has been conducting workshops and giving lectures throughout the United States and Canada in areas such as counselor effectiveness training, self-actualization, family therapy, Psychosynthesis, Transpersonal and Spiritual Psychology and supervisory skills for business and industry. Jacquelyn's work is especially known in the field of alcoholism and drug abuse and she is considered a pioneer and seminal thinker in the Human Consciousness movement.

Most major alcoholism and addiction schools in the United States have used Jacquelyn as a consultant and trainer, either as a keynote speaker or workshop leader. Among other university work, she serves on the faculties of many major universities in their continuing education and adult education programs. In 2002, Jacquelyn has developed and is in the process of training selected staff at Austin Recovery, one of the city's largest 28-day residential treatment programs.

Jacquelyn has presented training workshops, consulting, or keynote speeches for the

following universities, institutes and organizations:

- ∞ Texas Commission on Alcohol and Drug Abuse (Keynote: August, 2002)
- ∞ U.S. Department of Health, Education and Welfare
- ∞ NADPA (North American Drug Problems of America)
- ∞ International Conference on Alcoholism and Drug Abuse, Piedras Negras, Mexico
- ∞ The International Congress on Drugs and Alcohol U.S. Journal, FL
- ∞ Texas Department of Mental Health-Mental Retardation
- ∞ Texas Rehabilitation Commission
- ∞ Texas Commission for the Blind
- ∞ Texas Department of Human Resources, Child Welfare Division
- ∞ Texas Department of Health
- ∞ Texas Adult Probation Commission
- ∞ University of Texas at Austin, Arlington and El Paso
- ∞ Texas Psychological Association
- ∞ Association for Humanistic Psychology
- ∞ University of Alaska, Anchorage
- ∞ National Drug Abuse Conference, Seattle, Washington
- ∞ State of Illinois, Annual Alcoholism Institute
- ∞ State of New Mexico, Annual Alcoholism Institute
- ∞ State of Arizona, Annual Alcohol and Drug Institute
- ∞ State of Ohio, Annual Alcoholism and Drug Abuse Institute
- ∞ State of Oklahoma, Annual Alcoholism Institute
- ∞ State of New Jersey, Annual Alcoholism Conference
- ∞ Commonwealth of Kentucky, Annual Alcoholism and Drug Abuse Institutes
- ∞ Commonwealth of Virginia, University of Virginia Certified Alcoholism
- ∞ Counselors Program
- ∞ National Council on Alcoholism
- ∞ University of Arizona
- ∞ University of California at San Diego and Santa Cruz
- ∞ Rutgers University, Summer School of Alcohol Studies
- ∞ Georgia Southern University
- ∞ University of Georgia
- ∞ United States Navy at San Diego and Alameda, California
- ∞ Texas Instruments
- ∞ Phillips Petroleum Company
- ∞ Johnson and Johnson
- ∞ Methodist College of Nursing and Allied Health
- ∞ Charter Lake Medical Hospital
- ∞ Institute of Transpersonal Psychology
- ∞ Association of Transpersonal Psychology Annual Conference
- ∞ International Transpersonal Association
- ∞ Esalen Institute
- ∞ Omega Institute
- ∞ Common Boundary Annual Conference, Washington, D.C. area
- ∞ Sierra Tucson
- ∞ University of Toronto, Canada

- ∞ St. Anthony's Hospital, St Louis
- ∞ Wisconsin Association for Adult Children of Alcoholics
- ∞ Indiana University at South Bend
- ∞ Southwestern College of Life Sciences
- ∞ Unity Church of St. Petersburg
- ∞ Unity Church of West Palm Beach
- ∞ Unity Church of Naples
- ∞ Unity Church of Sarasota
- ∞ New York Open Center
- ∞ Interface
- ∞ Spiritual Emergency Network
- ∞ Ecumenical Center for Religion and Health
- ∞ Unity Village (Theological Seminary)
- ∞ Residence XII, Seattle, WA
- ∞ Association of Halfway House Programs of North America Conference
- ∞ Pinellas Comprehensive Alcohol Services
- ∞ Daytona Beach Community College
- ∞ Antioch University
- ∞ The Betty Ford Center
- ∞ Certified Alcoholism Counselors of Maryland
- ∞ Southern Illinois University
- ∞ Midsouth Summer School on Alcohol & Drug Abuse, Arkansas
- ∞ The Charlotte Treatment Center
- ∞ Palmer Drug Abuse Program, TX
- ∞ La Hacienda Treatment Center, TX
- ∞ Charter Medical Corp., GA
- ∞ Springs State Hospital, TX
- ∞ John's Hospital, KS
- ∞ Health and Educational Council, MD
- ∞ The Memorial Hospital Alcoholism Treatment Program, VA
- ∞ Chit Chat Farms, PA
- ∞ Veteran's Administration Medical Center, MD
- ∞ Mark Twain Mental Health Center, MO
- ∞ Ursuline College, OH
- ∞ Santa Barbara City College, Continuing Education
- ∞ University of Utah Graduate School of Social Work
- ∞ The Church of Today, MI
- ∞ United Church of Religious Science Annual Conference
- ∞ Association for Humanistic Psychology
- ∞ Kansas Wesleyan University, KS
- ∞ Omega Institute and New Age Publishing's Body and Soul Conference, TX, FL
- ∞ Kentucky School of Alcohol and Other Drug Studies, KY
- ∞ Southwestern College, Santa Fe, NM
- ∞ Austin Recovery, Austin, TX

Before entering the field of alcoholism training, Jacquelyn worked as a social work caseworker, field supervisor, and psychotherapist in various mental health and Child

Welfare protective service settings. She was a therapist for the University of Texas Counseling Center at Austin and taught courses at the University of Texas at Austin School of Social Work. She was active in the Austin area as a community leader for civic and political groups.

In Texas, Jacquelyn was instrumental in implementing the Texas Association of Certified Alcoholism Counselors, and is a past member of its certification board. She also served on the adjunct faculty of the California Institute of Transpersonal Psychology from 1985-1988 for their external program and was instrumental in developing the Master's Program in Addiction Counseling for the College of William and Mary in Williamsburg, Virginia. Jacquelyn conducted a year-long training in 2002 for 16 selected staff members at Austin Recovery to train them in her Integrative Breathwork and Psychospiritual Integration process.

Currently, she directs her own not-for-profit training institute, Eupsychia, in Austin, Texas which conducts workshops throughout the United States and specializes in certifying people in Soul-Based Psychology and Integrative Breathwork.

PUBLISHED BOOKS AND ARTICLES:

Jacquelyn is the author of the best-selling handbook for counselors and those in positions of personnel oversight, **Becoming Naturally Therapeutic-A Return to the True Essence of Helping** (Bantam Books). Her second book, **Transformers-The Artists of Self-Creation** (DeVorss), summarizes her workshop material on this subject. With her third book, **Awakening In Time-The Journey from Co-Dependence to Co-Creation** (Eupsychian Press), Jacquelyn gained recognition as a pioneer in the addiction's field.

Harper/SanFrancisco, in conjunction with Hazelden Foundation, published **Embodying Spirit-Coming Alive with Meaning and Purpose**. It is a comprehensive look at the history and evolution of Transpersonal Psychotherapy or Spiritual Psychology. **Rising to the Call- Healing Ourselves and Helping Others** (DeVorss), co-authored with Mary Yovino, is an important overview of Jacquelyn's work in Psychospiritual Integration. Other books she has authored are **Becoming a Practical Mystic** (Quest) and **Psyche's Seeds-The 12-Principles of Soul-Based Psychology**. **The Sacred Purpose of Being Human** was released in the Fall of 2005 from Health Communications, Inc. In March 2008, **Improving Your Bedside Manner** will be released from The Eupsychian Press.

In Texas in 2001/2002, Jacquelyn published a series of articles for Recovery Today Magazine in Texas. Jacquelyn has also authored numerous audiocassettes on addiction, myth and transpersonal psychology through Eupsychia Institute.

For over three years she was a monthly columnist for *Science of Mind* magazine and has written for national and local magazines, journals and newspapers throughout her

career, especially in fields of substance abuse and human consciousness. *Third State Recovery* was published in Counselor Magazine (Spt 2004).

AREAS OF SPECIALIZED TRAINING:

Over 2,000 hours supervised training in various kinds of groupwork methodology in Gestalt Therapy, Psychosynthesis, Family Therapy, Reality Therapy, Process Consultation and Management Training, Holistic Health, Transpersonal Psychology and Yoga Psychology. Two years' post-graduate supervision in individual and family therapy as qualification for Social Psychotherapy Licensure in Texas.

TELEVISION AND RADIO:

Jacquelyn was featured on the Oprah Winfrey Show and has been a guest on many other television and radio shows including NPR's The People's Pharmacy, America's Talking, New Dimensions Radio, The Wisdom TV and Radio Networks , Open Mind, and CNN's Alternative Healing.

Jacquelyn is listed in **Who's Who of America**.

BOARD MEMBER OF:

- ∞ Holistic Alliance of Professional Practitioners, Entrepreneurs and Networkers, Inc.
- ∞ International Institute of Psychosynthesis
- ∞ National Association for Co-Dependency
- ∞ Eupsychia Institute